

Why Your TEF/ TEFAQ Result Wasn't What You Expected

Before retaking the test, **take 3 minutes** to identify the real cause behind your result.



tefaq

How to Use This Checklist

Check off the statements that best match your situation.

By the end, you'll know whether your result seems mainly related to:

your **French level**

your **exam strategy**

or a mix of both.

Goal :

**avoid retaking
the test too
quickly without
understanding what
held you back.**

1. Was My French Level Good Enough?

Check the box if these statements sound like you:

☐

I often had trouble understanding French, even outside the test.

☐

I felt limited in several skills, not just one.

☐

I lacked the vocabulary to answer precisely.

☐

Even without stress, I probably wouldn't have reached the target level.

☐

I had difficulty forming sentences, whether speaking or writing.

If you checked several items here, your result may be mainly related to your current French level.

2. Did the TEF/TEFAQ Format Work Against Me?

Check the box if these statements sound like you:

☐

I didn't really understand how the sections worked.

☐

I lost time trying to understand the instructions.

☐

I wasn't familiar enough with the type of questions.

☐

I was caught off guard by the pace or structure of the exam.

☐

I think I could have done better with more practice on the format.

If several items apply, the problem may lie more in how you performed under exam conditions than in your actual level.

3. Did Stress or Time Management Work Against Me?

Check the box if these statements sound like you:

☐

I felt blocked or thrown off on test day.

☐

I ran out of time on one or more sections.

☐

My exam performance was weaker than my usual level.

☐

I rushed through some questions out of panic.

☐

I felt like I knew the material but couldn't perform well.

If several items apply, the problem may lie more in how you performed under exam conditions than in your actual level.

4. Did a Single Section Bring My Result Down?

Check the box if these statements sound like you:

☐

One single section clearly pulled my result down.

☐

I feel much stronger speaking than writing.

☐

Or, on the contrary, I'm more comfortable writing than speaking.

☐

I can already identify the section where I lost the most points.

☐

My overall result feels weaker than my real potential because of just one skill.

If so, you may mainly need targeted preparation rather than a full retake without a strategy.

5. Was My Preparation Sufficient?

Check the box if these statements sound like you:

☐

I registered quickly without any real structured preparation.

☐

I didn't have a clear plan before the exam.

☐

I mostly improvised my preparation.

☐

I did little to no practice testing.

☐

I didn't know exactly what score or level I was aiming for.

If several statements match you, your result may come more from a lack of methodical preparation than a lack of potential.



Checklist Results: How to Interpret Them

"Most of my checkmarks are in slides 1 and 4"

Your priority seems to be strengthening your French level or working in depth on a weak skill.

"Most of my checkmarks are in slides 2, 3 and 5"

Your priority seems to be preparing better for the test format, managing your time and improving your exam strategy.

"My checkmarks are scattered across all slides"

Your result seems to come from a mix of level and method. You'll likely benefit from combining French upgrading with targeted TEF/TEFAQ preparation.

Need Help Preparing Better for Your Next Attempt?

Edu-Inter offers TEF/TEFAQ preparation options to help you:

- better understand the test format
- target your weakest skills
- practice more effectively
- regain confidence before your next exam date

Discover our TEF/TEFAQ preparation options

RIGHT NOW*: 20% off your preparation courses!

*valid until July 31, 2026