



# French & Soccer in Quebec City

Take French classes in the morning and spend energy in the afternoon playing and practicing your favorite sport: soccer! This program is perfect for teenagers who want to learn French while updating and improving their soccer technique.

## Benefits

- Have fun while learning French
- Receive professional soccer training
- Have a complete French immersion experience

## Location and Facilities

The program is offered in beautiful Quebec City, a UNESCO World Heritage site, and the only major city in Canada that offers a 100% French-speaking environment. As the cradle of francophone culture in the Americas, Quebec City offers an unparalleled opportunity for French immersion. The school is centrally located on the Collège Mérici campus in downtown Quebec City, close to major tourist and cultural attractions. On-site facilities include a gymnasium, an aerobics room, computer labs, a cafeteria, a library, a student lounge and ample green spaces.

## Program Features

- Start dates every week with flexible program duration
- 15 hours of Core French classes per week
- 10 to 15 hours of Soccer training and practice
- 7 levels of instruction from beginner to advanced
- 10 to 15 students per class
- Organized activities every afternoon and excursions on weekends
- Homestay or residence accommodation options



## French & Soccer



### Included

- French classes
- Books and material
- Afternoon soccer training
- Evening activities
- Weekend excursions
- Accommodation (from Sun to Sat):  
Homestay 3 meals/day  
Residence 3 meals & 1 evening snack/day
- Transportation between school, accommodation and camp
- Health insurance
- Transfer arrival and departure
- Custodianship services
- Registration fee and placement fee

### Start Dates

Program offered from  
July 13<sup>th</sup> to July 17<sup>th</sup>, 2026.

Summer 2026

July 13

The Summer French and Soccer for Teenagers weekly program includes 15 hours of language classes and 15 hours of soccer camp per week. Develop your reading, writing, speaking, and comprehension skills in the morning, and spend your afternoon in the field training and playing soccer, all in French!

The program is designed for soccer lovers and includes team coaching. Games are also planned on a weekly basis. It is a great opportunity to meet local teenagers that share the same interest as you and to know the soccer culture in Quebec City. Improve your soccer playing skills while practicing your French with French-speaking trainers and local players in a complete immersion environment.

Either the homestay or residence option offer our students a complete immersion experience in Quebec City. Our "French only" policy ensure all students speak French at all time.

### Daily Schedule (Monday to Friday)

8:30 am	Arrive at Collège Mérici
8:30 am – 11:45 am	French Class
11:45 am – 1:00 pm	Lunch
1:00 pm – 4:00 pm	Soccer Training
4:30 pm	Transport to accommodation
Evenings	Activities in residence / Time with host family

### Activities (Evening and Weekend)

**Students living in residence** enjoy organized activities every evening from Monday to Friday.

**Students living with host families** participate in organized activities one evening per 2 weeks together with students living in residence. On the remaining evenings, students in host families are free to enjoy the city on their own (with a curfew) or spend time with their host family.

All weekend excursions are included in the program cost. Please consult our activities calendar for details on organized activities and excursions.

### Requirements

- 10-17 years of age at the start of the program
- Students must bring their own equipment (soccer socks and shoes, shin pads, etc.)
- Foreign students must meet Canadian visa requirements and have travel and health insurance for the duration of the program

### Registration

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