



## French & Hockey in Quebec City

Take French classes in the morning and spend your afternoon discovering and practicing the Canadian national sport in a hockey camp! The program is designed for skaters with previous ice skating experience and who aim to improve their hockey techniques while learning French.

### Benefits

- Have fun while learning French
- Receive professional hockey training
- Have a complete French immersion experience

### Location and Facilities

The program is offered in beautiful Quebec City, a UNESCO World Heritage site, and the only major city in Canada that offers a 100% French-speaking environment. As the cradle of francophone culture in the Americas, Quebec City offers an unparalleled opportunity for French immersion. The school is centrally located on the Collège Mérici campus in downtown Quebec City, close to major tourist and cultural attractions. On-site facilities include a gymnasium, aerobics room, library, computer labs, an internet cafe, cafeteria, a student lounge and ample green spaces.



### Program Features

- Start dates every week with flexible program duration
- 15 hours of Core French classes per week
- 10 to 15 hours of Hockey training and practice per week
- 7 levels of instruction from beginner to advanced
- 10 to 15 students per class
- Organized activities every afternoon and excursions on weekends
- Homestay or residence accommodation options



## French & Hockey



The Summer French and Hockey for Teenagers weekly program includes 15 hours of language classes and hockey team training every afternoon. Develop your reading, writing, speaking, and comprehension skills in the morning, and spend your afternoon on ice playing hockey, the Canadian national sport, all in French!

The program is designed for skaters with previous experience and includes team coaching. Games are also planned on a weekly basis. It is a great opportunity to meet local teenagers that share the same interest as you and to know the hockey culture in Quebec City. Improve your abilities to play hockey while practicing French with French-speaking trainers and local hockey players in a complete immersion environment.

Either the homestay or residence option offer our students a complete immersion experience in Quebec City. Our "French only" policy ensure all students speak French at all time.

### Daily Schedule (Monday to Friday)

8:30 am	Arrive at Collège Mérici
8:30 am – 11:45 am	French Class
11:45 am – 1:00 pm	Lunch
1:00 pm – 4:00 pm	Gym Training / Training on ice / Hockey Game
4:30 pm	Walk to Residence

### Included

- French classes
- Books and material
- Afternoon hockey training
- Evening activities
- Weekend excursions
- Accommodation (from Sun to Sat):  
Homestay 3 meals/day  
Residence 3 meals & 1 evening snack/day
- Transportation between school, accommodation and camp
- Health insurance
- Transfer arrival and departure
- Custodianship services
- Registration fee and placement fee

### Start Dates

Program offered from  
July 6<sup>th</sup> to July 17<sup>th</sup>, 2026.

#### Summer 2026

July 6  
July 13

### Activities (Evening and Weekend)

**Students living in residence** enjoy organized activities every evening from Monday to Friday.

All weekend excursions are included in the program cost. Please consult our activities calendar for details on organized activities and excursions.

### Requirements

- 10-17 years of age at the start of the program
- Students must bring their own equipment (hockey stick, helmet, gloves, skates, etc.)
- Previous experience in ice skating is mandatory
- It might be possible to rent the equipment for \$125 / week
- Foreign students must meet Canadian visa requirements and have travel and health insurance for the duration of the program

### Registration

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