



French & Cooking in Quebec City

Are you interested in studying French while learning about and enjoying the diversity of Quebec cuisine? Take French classes in the morning and in the afternoon, put your French and culinary skills to test as you prepare *pudding chômeur*, *poutine* or *tarte au sucre d'érable* (maple sugar pie). This program is perfect for those who want a true language and culinary experience in Quebec City.

Benefits

- Experience the diversity of Quebec cuisine
- Learn and experiment with a wide variety of foods and cooking techniques
- Enjoy a wide range of planned activities and excursions
- Enjoy a complete linguistic and cultural immersion experience

Location and Facilities

The French & Cooking program is offered in beautiful Quebec City, a UNESCO World Heritage site, and the only major city in Canada that offers a 100% French-speaking environment. As the cradle of francophone culture in the Americas, Quebec City offers an unparalleled opportunity for French immersion.

The school is centrally located on the Collège Mérici campus in downtown Quebec City, close to major tourist and cultural attractions. On-site facilities include a gymnasium, aerobics room, library, computer labs, an internet cafe, cafeteria, a student lounge and ample green spaces.



French & Cooking



Start Dates

Summer 2026

July 27
August 3

Program Features

- Start dates every week with flexible program duration
- 15 hours of Core French classes per week
- 15 hours of Quebec cooking workshops per week
- 7 levels of instruction from beginner to advanced, based on the Common European Framework of Reference for Languages
- Our classrooms have between 5 to 15 students
- Optional activities every afternoon and excursions on weekends
- Homestay, residence, or furnished apartment accommodation options

The Summer French & Cooking program includes 15 hours of language classes and 15 hours of Quebec cooking workshops per week. Spend your mornings in class developing your reading, writing, speaking, and comprehension skills in French, and your afternoons diving into the gastronomical delights of Quebec cuisine. The cooking workshops are offered on-site, at the Collège Mérici's professional cooking training centre and are taught by local professional chefs.

Take advantage of the homestay option to live with a French-speaking family for a complete immersion experience in Quebec City!

Daily Schedule (Monday to Friday)

8:30 am – 11:30 am	Core French
1:00 pm – 4:00 pm	Cooking workshop
From 4:00 pm	Optional activities

Please consult our activities calendar for details on optional activities and excursions.

Requirements

- Minimum 16 years of age at the start of the program
- Foreign students must meet Canadian visa requirements and have travel and health insurance for the duration of the program

Registration

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