



# French & Cooking in Quebec City

Take French classes in the morning and in the afternoon, put your French and culinary skills to test as you prepare *pudding chômeur*, *poutine* or *tarte au sucre d'érable* (maple sugar pie). This program is perfect for those who want a true language and culinary experience in Quebec City.

## Benefits

- Have fun while learning French
- Learn and experiment with a wide variety of foods and cooking techniques
- Have a complete French immersion experience

## Location and Facilities

The program is offered in beautiful Quebec City, a UNESCO World Heritage site, and the only major city in Canada that offers a 100% French-speaking environment. As the cradle of francophone culture in the Americas, Quebec City offers an unparalleled opportunity for French immersion. The school is centrally located on the Collège Mérici campus in downtown Quebec City, close to major tourist and cultural attractions. On-site facilities include a gymnasium, aerobics room, library, computer labs, an internet cafe, cafeteria, a student lounge and ample green spaces.



## Program Features

- Start dates every week with flexible program duration
- 15 hours of Core French classes per week
- 15 hours of Quebec cooking workshops per week
- 7 levels of instruction from beginner to advanced
- 10 to 15 students per class
- Organized activities every afternoon and excursions on weekends
- Homestay or residence accommodation options



## French & Cooking



### Included

- French classes
- Books and material
- Afternoon cooking classes
- Evening activities
- Weekend excursions
- Accommodation (from Sun to Sat):  
Homestay 3 meals/day  
Residence 3 meals & 1 evening snack/day
- Transportation between school, accommodation and camp
- Health insurance
- Transfer arrival and departure
- Custodianship services
- Registration fee and placement fee

### Start Dates

Program offered from  
June 29<sup>th</sup> to July 24<sup>th</sup>, 2026.

#### Summer 2026

June 29

July 6  
July 13  
July 20

The Summer French and Cooking program includes 15 hours of language classes and 15 hours of Quebec cooking workshops per week. Spend your mornings in class developing your reading, writing, speaking, and comprehension skills in French, and your afternoons diving into the gastronomical delights of Quebec cuisine. The cooking workshops are offered in a professional cooking training centre and are taught by local professional chefs.

Either the homestay or residence option offer our students a complete immersion experience in Quebec City. Our "French only" policy ensure all students speak French at all time.

### Daily Schedule (Monday to Friday)

8:30 am	Arrive at Collège Mérici
8:30 am – 11:45 am	French Class
11:45 am – 1:00 pm	Lunch
1:00 pm – 4:00 pm	Cooking Workshop
4:30 pm	Transport to accommodation
Evenings	Activities in residence / Time with host family

### Activities (Evening and Weekend)

**Students living in residence** enjoy organized activities every evening from Monday to Friday.

**Students living with host families** participate in organized activities one evening per 2 weeks together with students living in residence. On the remaining evenings, students in host families are free to enjoy the city on their own (with a curfew) or spend time with their host family.

All weekend excursions are included in the program cost. Please consult our activities calendar for details on organized activities and excursions.

### Requirements

- 10-17 years of age at the start of the program
- Foreign students must meet Canadian visa requirements and have travel and health insurance for the duration of the program

### Registration

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