



This calendar is subject to change

Teens 2024
Horse Riding

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	June 24	June 25	June 26	June 27	June 28	June 29	June 30
12:30pm to 4:30pm	Horse Riding 	Horse Riding 	Horse Riding 	Horse Riding 	Horse Riding 	Whale Watching 	Time with host family or at residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game room  Arts & Crafts 		Sports  Board Game 	Walk in Old Quebec 		

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 1	July 2	July 3	July 4	July 5	July 6	July 7
12:30pm to 4:30pm	Horse Riding 	Horse Riding 	Horse Riding 	Horse Riding 	Horse Riding 	Valcartier Water Park 	Time with Host Family or at Residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports  Board Game 	French Movie Night 		



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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 8	July 9	July 10	July 11	July 12	July 13	July 14
12:30pm to 4:30pm	Horse Riding 	Horse Riding 	Horse Riding 	Horse Riding 	Horse Riding 	Kayak down the river 	Time with Host Family or at Residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Sugar Shack 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports Bc lme 	Walk in Old Quebec 		

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WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 15	July 16	July 17	July 18	July 19	July 20	July 21
12:30pm to 4:30pm	Horse Riding 	Horse Riding 	Horse Riding 	Horse Riding 	Horse Riding 	Weekend in Montreal (overnight)! Montreal Visit & Shopping + La Ronde Amusement Park 	Weekend in Montreal (overnight)! Biodome 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host family 	Time with Host family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports  Board Game 	French Movie Night 		

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WEEK 5	Monday	Tuesday	Wednesday	Thursday	Friday	
	July 22	July 23	July 24	July 25	July 26	
	Horse Riding	Horse Riding	Horse Riding	Horse Riding	Horse Riding	
12:30pm to 4:30pm						See you back next year!
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 	Surprise Activity 	Sports  Board Game 	Walk in Old Quebec 	